

## **Comfort Foods**

My comfort food is eggs, because they make me feel better when I am sick, and I have good memories of eggs. Funnily enough, I originally hated egg yolks, refusing to eat them when I was young. But now, I love them.

## **Discomfort Foods**

Once, right before a night when I was sick, we had mushrooms that had tall and horribly chewy stems and tasted horrible. Although they most likely had nothing to do with my sickness, I still associate them with it.